

PAN-CANADIAN JOINT CONSORTIUM FOR SCHOOL HEALTH

YOUTH ENGAGEMENT TOOLKIT

MODULE 8: RESOURCES AND ENDNOTES





CONTENTS



RESOURCES..... 75

ENDNOTES..... 77

VIEWING ADDITIONAL MODULES

This module of the JCSH Youth Engagement Toolkit is one among eight. The modules were developed as a single, comprehensive toolkit so we encourage you to explore them in sequence for the best experience. To view the other modules, return to the main JCSH Youth Engagement Toolkit page to access links to all eight. Enjoy!



Resources



1. **Youth Engagement Literature Review**
2. **CEYE Youth Engagement Model Worksheet**
3. **CEYE Youth Engagement Model Booklet**
4. **The Rationale for Youth Engagement**
5. **The Outcomes of Youth Engagement**
6. **The Spectrum of Youth Engagement**
7. **“Don’t Forget:” Additional Programming Considerations**
8. **Indicator Framework: Initiating Youth Engagement**
9. **Indicator Framework: 8 Qualities of Youth Engagement**
10. **Indicator Framework: Sustaining Youth Engagement**
11. **Assessment Tool: Initiating Youth Engagement**
12. **Assessment Tool: 8 Qualities of Youth Engagement**
13. **Assessment Tool: Sustaining Youth Engagement**
14. **Head, Heart, Feet, Spirit Evaluation**
15. **Organizational Readiness Module**
16. **Positive Settings Module**
17. **Conference Survey**
18. **Leadership Qualities Module**
19. **Youth-Adult Survey**
20. **Youth Outcomes Module**
21. **Organizational Outcomes Module**
22. **Adult Allies in Action Booklet**
23. **Adult Allies Training Manual**
24. **Sample Forms for a Youth Engagement Event**

25. Putting it in Practice Checklist: Physical and Psychological Safety
26. Putting it in Practice Checklist: Appropriate Structure
27. Putting it in Practice Checklist: Supportive Relationships
28. Putting it in Practice Checklist: Opportunities for Belonging and Meaningful Inclusion
29. Putting it in Practice Checklist: Positive Social Norms
30. Putting it in Practice Checklist: Support for Efficacy and Mattering
31. Putting it in Practice Checklist: Opportunities for Skill Building and Learning
32. Putting it in Practice Checklist: Integration of Family, School and Community Efforts
33. The Young Decision Makers Model
34. The Young Decision Makers Discussion Toolkit
35. Students as Researchers Toolkit
36. Key Features of YE and CSH

Endnotes



1. See **literature review**
2. Buijs, G. J. (2009). Better schools through health: Networking for health promoting schools in Europe. *European Journal of Education*, 44, 507–520.
3. Mitra, D.L. (2009). Collaborating with students: Building youth-adult partnerships in schools. *American Journal of Education*, 115: 407-436.
4. Dworkin, J. B., Larson, R., & Hansen, D. (2003). Adolescents' accounts of growth experiences in youth activities. *Journal of Youth and Adolescence*, 32(1), 17-26.
5. Dworkin, J. B., Larson, R., & Hansen, D. (2003). Adolescents' accounts of growth experiences in youth activities. *Journal of Youth and Adolescence*, 32(1), 17-26.

McGee, R., Williams, S., Howden-Chapman, P., Martin, J., & Kawachi, I. (2006). Participation in clubs and groups from childhood to adolescence and its effects on attachment and self-esteem. *Journal of Adolescence*, 29, 1-17.
6. Mager, U., Nowak, P. (2011). Effects of student participation in decision making at school: A systematic review and synthesis of empirical research. *Educational Research Review*, 7: 38-61.

Cargo, M., Grams, G. D., Ottoson, J. M., Ward, P., & Green, L. W. (2003). Empowerment as fostering positive youth development and citizenship. *American Journal of Health Behaviour*, 27, S66-S79.
7. For an extensive empirical literature review about youth engagement and health outcomes, please see: Centre of Excellence for Youth Engagement. (2003). Youth engagement and health outcomes: Is there a link? Toronto, ON: Students Commission of Canada. Accessible at: www.engagementcentre.ca/files/litreview1_web_e.pdf
8. Eccles, J. S., & Barber, B. L. (1999). Student council, volunteering, basketball, or marching band: What kind of engagement matters? *Journal of Adolescent Research*, 14, 10-43.

Mitra, D.L. (2009). Collaborating with students: Building youth-adult partnerships in schools. *American Journal of Education*, 115: 407-436.

Dotterer, A. M., & Lowe, K. (2011). Classroom context, school engagement, and academic achievement in early adolescence. *Journal of Youth and Adolescence*, 40(12), 1649-1660. doi:10.1007/s10964-011-9647-5

Green, J., Liem, G. A. D., Martin, A. J., Colmar, S., Marsh, H. W., & McInerney, D. (2012). Academic motivation, self-concept, engagement, and performance in high school: Key processes from a longitudinal perspective. *Journal of Adolescence*, 35(5), 1111-1122. doi:10.1016/j.adolescence.2012.02.016

- Park, S., Holloway, S., Arendtsz, A., Bempechat, J., & Li, J. (2012). What makes students engaged in learning? A time-use study of within- and between-individual predictors of emotional engagement in low-performing high schools. *Journal of Youth & Adolescence*, 41(3), 390-401. doi:10.1007/s10964-011-9738-3 0
9. Janosz, M., LeBlanc, M., Boulerice, B., & Tremblay, R.E. (1997). Disentangling the weight of school dropout predictors: A test on two longitudinal samples. *Journal of Youth and Adolescence*, 26(6), 733-758.

Mahoney, J. L., & Cairns, R. B. (1997). Do extracurricular activities protect against early school dropout? *Developmental Psychology*, 33, 211-253.
 10. Pancer, S. M., Rose-Krasnor, L., & Loiselle, L. (2002). Youth conferences as a context for engagement. *New Directions for Youth Development*, 96, 47-64.
 11. Rose-Krasnor, L.; Busseri, M.; McCart, S.; Pancer S. M. (2007). *Engagement Framework*. Toronto, ON: The Centre of Excellence for Youth Engagement: Brock University and the Students Commission
 12. Zeldin, S., Camino, L., & Calvert, M. (2003). *Toward an understanding of youth in community governance: Policy priorities and research directions No. XVII (III)*) Society for Research in Child Development.
 13. Kirby, P., Lanyon, C., Cronin, K., & Sinclair, R. (2003). *Building a culture of participation: Involving children and young people in policy, service planning, delivery and evaluation*. London: Department for Education and Skills.
 14. Evaluation research conducted for the YMCA by the Centre of Excellence for Youth Engagement.
 15. Eccles, J. S., & Gootman, J. A. (2002). *Community programs to promote youth development*. Washington, DC: National Academies Press. Eccles, J. S., & Gootman, J. A. (2002). *Community programs to promote youth development*. Washington, DC: National Academies Press.
 16. John Freeman, et al. (2011). *The Health of Canada's Children: A Mental Health Focus*. Public Health Agency of Canada. Ottawa.
 17. Ministry of Child and Youth Services. (2013). *Stepping up: A strategic framework to help Ontario's youth succeed*. Retrieved from: <http://www.children.gov.on.ca/htdocs/English/documents/topics/youthopportunities/steppingup/steppingup.pdf>

Luthar, S.S. (2006). Resilience in development: A synthesis of research across five decades. In *Developmental Psychopathology: Risk, disorder, and adaptation* D. Cicchetti & D.J. Cohen, Eds.: 740–795. Wiley. New York

Reininger, B. M., Evans, A. E., Griffin, S. F., Sanderson, M., Vincent, M. L., Valois, R. F., & Parra-Medina, D. (2005). Predicting adolescent risk behaviors based on an ecological framework and assets. *American Journal of Health Behavior*, 29(2), 150-161.
 18. Fine, M., Torre, M. E., Burns, A., Payne, Y. A. (2007). Youth research/participatory methods for reform. In D. Thiessen and A. Cook-Sather (Eds.), *International Handbook of Student Experience in Elementary and Secondary School* (pp. 805-828). New York, NY: Springer.