



PROMOTE

# QUALITY PHYSICAL EDUCATION POLICY

SUSTAINABLE DEVELOPMENT BEGINS WITH SAFE, HEALTHY, WELL-EDUCATED CHILDREN

QUALITY PHYSICAL EDUCATION CONTRIBUTES TO 21ST CENTURY EDUCATION

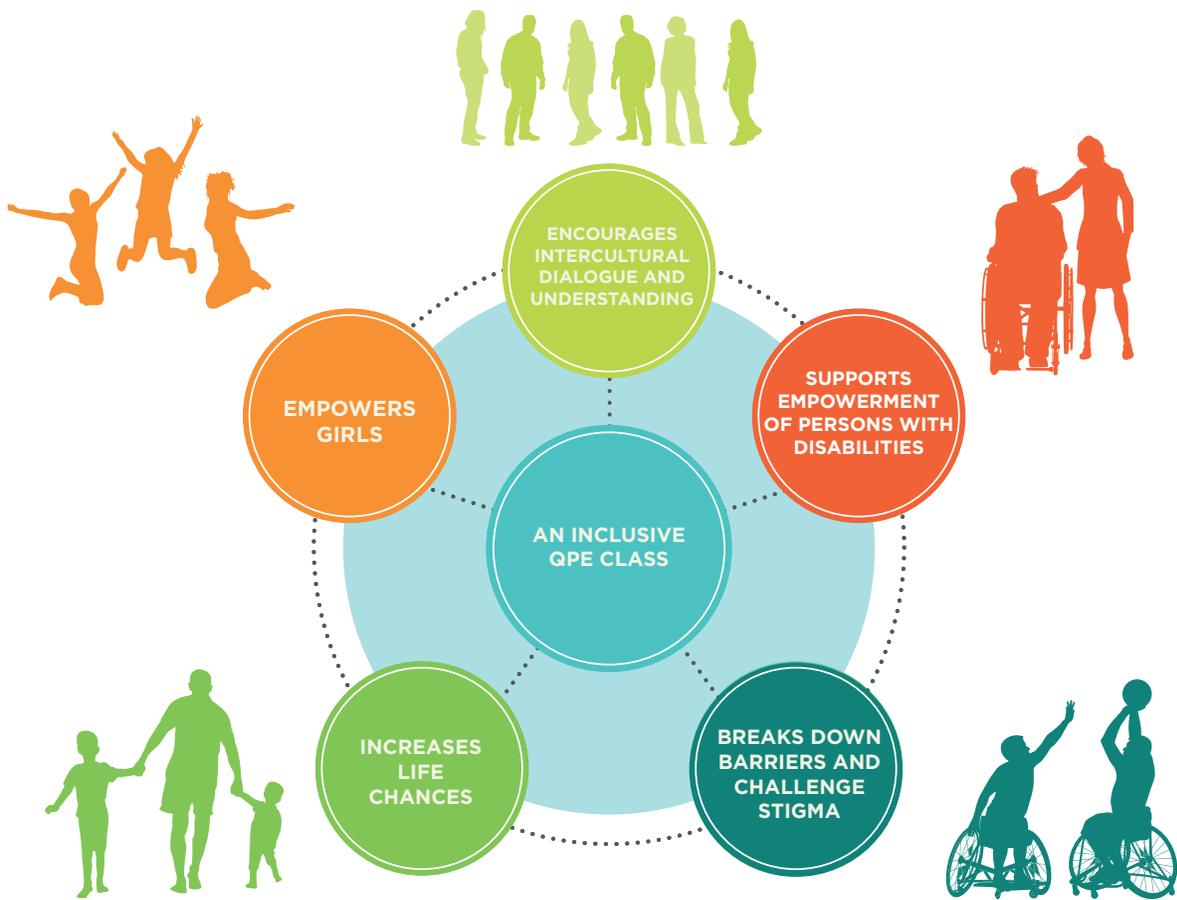
LIFESKILLS EDUCATION AND LIFELONG PARTICIPATION IN PHYSICAL ACTIVITY

SUPPORT YOUNG PEOPLE BECOME RESPONSIBLE, ACTIVE CITIZENS

PHYSICAL EDUCATION PROVIDES A LEARNING GATEWAY TO...

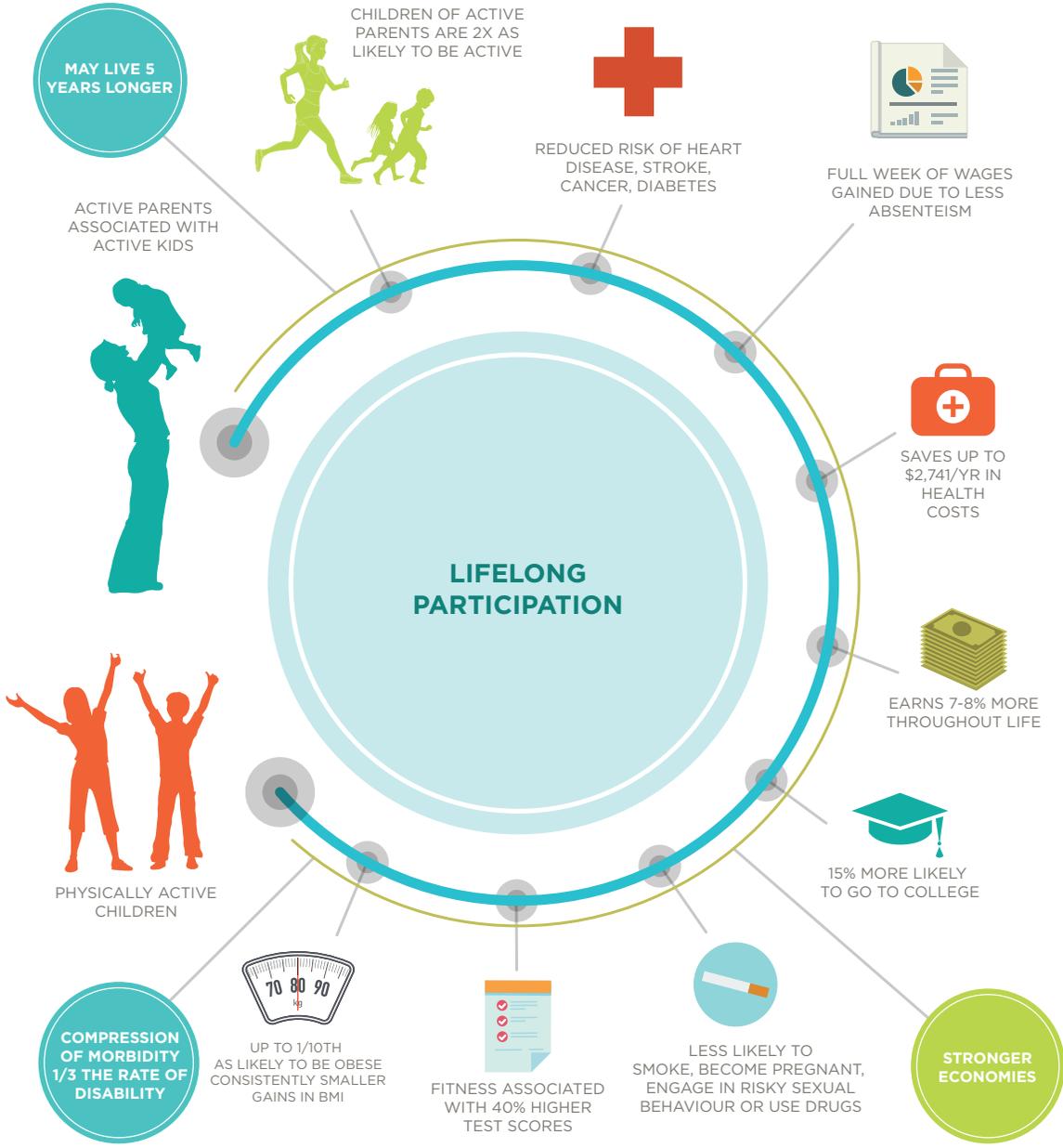


# QUALITY PHYSICAL EDUCATION DRIVES INCLUSION



# THE BENEFITS OF INVESTING

## SOCIO-ECONOMIC RETURNS

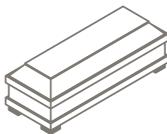


# THE COST OF NOT INVESTING

## PHYSICAL INACTIVITY...

  
CONTRIBUTES TO  
**3.2 MIL**  
PREMATURE  
DEATHS ANNUALLY

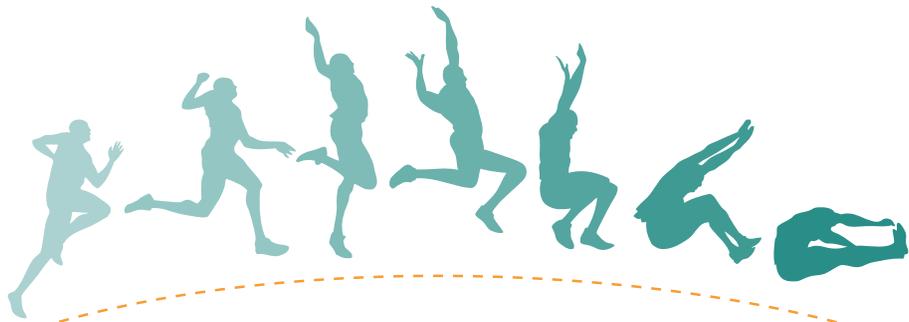
  
**80.3%**  
OF 13-15 YEAR OLDS  
WORLDWIDE DO FEWER THAN  
60 MINUTES EXERCISE PER DAY

  
ACCOUNTS FOR  
**6%**  
OF GLOBAL MORTALITY

  
IT IS ESTIMATED THAT  
NCDS WILL BECOME THE  
MAJOR CAUSE OF DEATH  
IN AFRICA BY 2030

  
CHILDREN IN EARLY CARE  
AND EDUCATION SPEND  
ONLY 2-3% OF TIME  
BEING ACTIVE

  
CAUSES MORE  
DEATHS THAN SMOKING



## CLOSING THE POLICY-PRACTICE GAP

DESPITE THE BENEFITS, POLICY IS NOT BEING TRANSLATED INTO PRACTICE...

 **97%** OF COUNTRIES GLOBALLY DECLARED PHYSICAL EDUCATION COMPULSORY 

BUT..

  
ONLY  
**79%**  
OF COUNTRIES HAVE  
PRESCRIBED CURRICULA

  
IN  
**54%**  
OF COUNTRIES PHYSICAL EDUCATION  
HAS A PERCEIVED LOWER STATUS  
THAN OTHER SUBJECTS

  
ONLY  
**71%**  
OF COUNTRIES ADHERE  
TO IMPLEMENTATION  
REGULATIONS AND DELIVERY

ONLY  
**53%**  
OF PRIMARY SCHOOLS HAVE SUITABLY  
TRAINED PHYSICAL EDUCATION TEACHERS



## TAKE POLICY ACTION

HOW?

SUPPORT QUALITY  
PHYSICAL EDUCATION  
IN YOUR COUNTRY

### SOURCES

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United Nations  
Educational, Scientific and  
Cultural Organization

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