



## ***Newly Revised* POSITIVE MENTAL HEALTH TOOLKIT**

**Pan-Canadian Joint Consortium for School Health**



- Available in English and French
- Free, Online, and User friendly
- New features: Staff wellness module, Elements on diversity, Latest Canadian resources
- Five modules:
  - ❖ Module 1: Introduction to Positive Mental Health
  - ❖ Module 2: School Connectedness
  - ❖ Module 3: Resiliency in School Environments
  - ❖ Module 4: School Team Relationships
  - ❖ Module 5: Assessing Comprehensive School Health

**Check out the revised Positive Mental Health Toolkit at:**

**<http://wmaproducts.com/JCSH/>**

