

**Record of Discussion  
School Health Coordinators' Committee Meeting  
January 8<sup>th</sup>, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	
AB	Pat Martz
SK	Anna Grumbly
MB	
ON	Jennifer Munro-Galloway
NB	Marlien McKay
PE	Sterling Carruthers
NS	
NL	Ellen Coady
NU	
NT	
YT	Liza Manolis
PHAC	
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Secretariat
Craig Watson	Secretariat

## Agenda

### 1. Welcome and Roll Call

Pat/Sterling welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved with the addition of Annual Report Acceptance Process.

### 3. Approval of Record of Discussion from November 28-29 2018 face-to-face meeting

The record of discussion from the November face-to-face meeting was approved with additions and changes noted from Pat Martz.

### 4. Secretariat Update

In addition to the written update, Katherine provided the following:

#### 1) SIECCAN Update

The Canadian Guidelines for Sexual Health Education Working Group (Katherine is a member of this working group) has received an updated draft of the Guidelines document for review and final input. Four draft sections of the Guidelines have gone through significant revision, and two new sections have been added. The Guidelines document will be finalized by the middle of the month, and posted/available for use.

**Action:** Katherine to send out the draft Guidelines document to the SHCC.

#### 2) PHAC Youth Resiliency Project

Final edits to the research briefs and infographics for educators and administrators have been submitted to PHAC for final approval. These edits and revisions include input and feedback that was submitted by the SHCC after Dr. Claire Crooks' presentation at the November SHCC face to face meeting in Ottawa. It is anticipated that final documents will be released within the next month.

#### 3) Management Committee Meetings

Katherine provided the SHCC with a debrief from the December Management Committee Meetings in Toronto:

#### -Statement on Reconciliation

The Statement on Reconciliation and the accompanying briefing note were presented to the Management Committee. There was wide support for the content of the Statement, and there was significant discussion around how the Statement could be used, where it should be housed, and how it could align with the Comprehensive School Health Framework. It was suggested that the Statement could be used as a key piece in the mandate renewal process, and in addition, it was suggested that it could be a part of the JCSH 2019 Annual Report. Several of the Management

Committee members indicated their intention to take the Statement back to their Indigenous colleagues in their respective jurisdictions for review and input. The Statement on Reconciliation Working Group will discuss next steps on how specifically the Statement can align with the work of the JCSH, and share that back to the Management Committee.

**Action:** A call will be set up with the Working Group to discuss next steps.

**-Canadian Alliance for Healthy School Communities (CAHSC)**

It was decided by the Management Committee that the JCSH will not participate as an active member or an observer of the CAHSC. It is important for the CAHSC to be aware that the JCSH is supportive of the group's work, and is interested in staying connected if the group is willing to share meeting notes and developments. Katherine has contacted all of the Stewardship Committee members to inform them of the Management Committee's decision.

**-Developmental Evaluation**

Jamie Gamble provided the Management Committee with an update on the developmental evaluation, and the developmental evaluation data summary document was shared. Key topic areas related to JCSH goals were reviewed, and there was significant discussion around the role of JCSH in fostering and supporting the collaboration between the Health and Education sectors. While knowledge exchange is a fundamental benefit of JCSH, especially across jurisdictions. How can we begin to describe knowledge exchange as knowledge development to equip teachers and school communities/staff to support the education and health of children and youth, and how can we begin to describe research as evidence that will support the PT mandates? Management Committee was interested in the Healthy School Planner update of PT use, noting the possibility of using this data and increasing value for jurisdictions may be key in mandate renewal. There was also interest in how Planner data could be used in conjunction with that already collected: NB Student Wellness Survey that informs Community Profiles was cited as an example; the literacy and numeracy data collected in all PTs was another.

**-Mandate Renewal**

The Management Committee engaged in significant discussion around mandate renewal, what a new mandate might look like, and how that process of seeking a new mandate might take shape. Katherine circulated a document highlighting the renewal process from the 2015-2020 mandate, outlining dates and timelines for the process at that time. The Chair of the Management Committee agreed to communicate PEI's position on remaining as the lead province and host of the Secretariat as soon as possible. John Cummings (Management Committee Chair) will connect back directly with his Management Committee counterparts to put a framework in place for next steps in the process.

**5. Emerging Trends and Opportunities**

**-Annual Report Acceptance Process**

Katherine provided an update on the acceptance process for the annual report. On the health side, the face to face meeting of deputies and ministers that has always been hosted in the fall

took place in the summer this year. Consequently, because the JCSH annual report is not completed until early fall, it was not on that agenda. There was an FPT Conference of Deputy Ministers of Health (CDM) teleconference in late November and the JCSH annual report was to be on that agenda; however, the time did not allow for the JCSH Annual Report being a part of it. Katherine has been assured that the JCSH will be on the agenda for their next call. On the education side, there was a possibility that the JCSH annual report could be on the agenda of the Advisory Committee of Deputy Ministers of Education (ACDME) meeting in Toronto, but time did not allow that to happen. The Annual Report will be accepted through the CMEC memo process that has been used before.

-“Nourishing Minds” document (Saskatchewan)  
Saskatchewan’s nutrition policy document- “Nourishing Minds” was slated to be released in January, 2019; however, it has been delayed due to translation issues. A new release date is yet to be determined.

#### **6. Review of Action Items**

The Action Items Table was reviewed

#### **7. Next Meetings**

- February 12 2019 teleconference
- March 12 2019 teleconference
- April 9 2019 teleconference (possible cancellation due to face-t-face meeting dates)
- April 16-17 2019 face-to-face meeting
- May 14 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

#### **8. Adjournment**



**Record of Discussion  
School Health Coordinators' Committee Meeting  
February 12 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
Christie Docking	BC
Pat Martz	AB
Anna Grumbly Jocelyn MacLeod Trish Wolbaum	SK
Jennifer Wood	MB
Jennifer Munro-Galloway	ON
Marlien McKay	NB
Sterling Carruthers	PE
Shara Bernstein	NU
Dene McDonald	NT
Jennifer Shortall Adrian Puga	PHAC
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Secretariat
<b>Regrets</b>	
	NS
	NL
	YT



## Record of Discussion

### 1. Welcome and Roll Call

Pat welcomed all to the call.

### 2. Review and Approval of Agenda

The Agenda was approved as written.

### 3. Approval of Record of Discussion from January 8 2019 teleconference

The January 8 2019 Record of Discussion was approved as written.

### 4. Secretariat Update

In addition to the written update, Katherine provided the following:

1. Annual Report: the approval process is underway in Education through a memo process. The next teleconference of the Conference of Federal-Provincial-Territorial Deputy Ministers of Health will not be held until after the federal budget (March 19); acceptance by this group may also be done by paper process. Katherine will follow up with the Health Support Committee.
2. Sex Information and Education Council of Canada (SIECCAN): The final draft of the Canadian Guidelines for Sexual Health guidelines is in progress; the final version will be sent out as soon as it's available.
3. JCSH letters of support / endorsement for research / program initiatives: A researcher working with HBSC leads / researchers Will Pickett and Frank Elgar is seeking to use data from that survey to look at how the school day organized – recess, lunch, end time. She is submitting a proposal for CIHR funding and looking to JCSH for a letter of support.

There is also a request through PREVNet for support of a *Joint Statement on Physical Punishment of Children and Youth*. This statement was developed by Children's Hospital of Eastern Ontario and initially launched in 2004. Since that time, support for the Joint Statement has come from a number of national organizations, including a number of school boards and school districts. The Government of NU is also supportive.

#### **Discussion:**

- Jennifer Shortall will clarify with Suzy Wong the data sharing agreements with researchers for the purpose of secondary analysis of HBSC data. She believes the researchers would need to go through Queens University as national lead institution to confirm the data will be used for research purposes.
- There does not appear to be concerns with JCSH writing a letter of support for the HBSC-related research on aspects of the school schedule and youth health.



**Action:** Jennifer Shortall will share information on researcher access to HBSC data.

4. Spring 2019 SHCC face-to-face meeting: Katherine asked for support from School Health Coordinators to develop the agenda for this meeting.

**Discussion:**

- Marlien offered to contact McConnell regarding a presentation on their work to advance system-wide leadership for sustainable approaches to mental health and well-being.

**Action:** Secretariat will send out a call for volunteers to plan the spring 2019 SHCC face-to-face meeting.

**Action:** Marlien will get in touch with McConnell regarding a presentation to the SHCC spring 2019 face-to-face meeting.

## 5. Youth Resiliency Project

- Feedback on Infographics
- CSH absence

Katherine provided an update on the materials from this project, and the result of her communications with project lead, Dr. Claire Crooks. The materials sent to JCSH by a member of the project team were not specifically for JCSH to review but sent to a wider audience as examples. These did not contain those items that feature / reference Comprehensive School Health. Katherine got in touch with Claire Crooks and she sent other documents that do feature CSH, saying the team delayed the publication of materials in light of the active discussion during the SHCC fall 2018 face-to-face meeting with her. Comprehensive School Health is referenced in three of the complementary resources developed as a part of this project: an infographic, research briefs, newsletter blurbs, and whiteboard videos. Katherine shared these, along with an article the project team wrote for the CAP journal.

**Discussion:**

- It would be helpful if School Health Coordinators are able to see all the resources before they request printing. New Brunswick is planning a wellness conference in May and these materials may be of benefit, but only if they align with the messages the conference will be promoting.
- It is unfortunate, given JCSH's input throughout the planning and development stages of this project, that Comprehensive School Health is not referenced as a foundational approach in all the materials.

**Action:** Katherine will clarify the release date of these materials with Dr. Crooks.

## 6. Developmental Evaluation Update

- Progress of Interviews; Evaluation Report

Interviews with two jurisdictions are completed; three jurisdictions have not yet booked; all others have been scheduled.



**Discussion:**

- The interviews will form part of the data gathered for the evaluation report, which will help to inform the proposal for mandate renewal.
- Jurisdictional consideration of JCSH structure will probably be discussed during the upcoming Management Committee and School Health Coordinators' Committee face-to-face meetings.

**7. Healthy School Planner**

- Key elements from feedback
- Potential from data rollup
- Question: potential researcher(s) to take on data mining
- Potential links with other data sources for new mandate

Katherine provided an overview of the Healthy School Planner revision discussions to date. A Doodle for a meeting of the Planner advisory committee is out and more detailed discussion and planning will be held with this group. The possible changes to the foundational module and next steps for the resource as a whole will be the focus for the advisory committee. Feedback thus far from discussions with those who have commented in NB, AB, and MB have provided similar concerns: too many questions, logon and password complications, usefulness of reports. During the recent Shaping the Future workshop, the concerns were reflected, but also there was overwhelming support for the tool. Interest in other evidence that can be found from the data is growing. Among the questions of interest are the following:

- What researchers could mine this data?
- How do we use the Core Indicators Model of Comprehensive School Health and Student Achievement (CIM) questions in this tool?
- How can it meet the needs of schools across the country?

**Discussion:**

- This may be one of the significant topics for discussion during the SHCC face-to-face meeting
- Propel has confidentiality agreements in place; it will be important to discuss data access with them.

**Action:** The Advisory Committee will provide suggestions and share with the full SHCC.

**8. Emerging Trends and Opportunities**

**MB** – The Manitoba Commission on Kindergarten to Grade 12 Education will carry out an independent review of the province's K to 12 education system. There has been a significant upswing in methamphetamine by injection use in the province. Related outcomes are showing in the increased incidents of HIV and congenital syphilis.

**ON** – Vaping use has skyrocketed among Ontario youth. The province is also working to resolve challenges for school administrators of post-confiscation cannabis disposal.

**PE** – The province has worked with a non-profit group to develop communications on vaping for adult influencers. Sterling will share with those interested. The education department is reviewing a request from the province’s justice department to have opioid education pieces added to cannabis education.

**AB** – The education ministry has released guidelines for Type 1 Diabetes management in schools. There has been an increase in youth thefts of vaping products – design of these items are considered a contributing factor.

**Discussion:**

- The NB CBC interview with two high school students on the degree of vaping use by students in high school, including during class that was featured in a recent news bundle has been given a great deal of attention in the province. Marlien advised the two students have had other interviews and discussions with teachers. Health Canada would be in a good position to create supportive communications for schools. The increase in vaping use seems to have very recently hit the news, but school-based surveys such as Health Behaviour in School-aged Children (HBSC) and the Canadian Student, Alcohol and Drugs Survey (CSTADS) results have predicted these outcomes.
- PEI would welcome resources on opioid education for school-aged children and youth.

**Action:** Jennifer Shortall will forward any communications on opioid and cannabis use developed by the problematic substance use working group.

**Action:** Pat will send link for Alberta Education’s Diabetes Guidelines.

- [Announcement by AB Education Minister David Eggen](#)

**9. Review of Action Items**

- To review and update the Action Items Table

The Action Items Table was reviewed; no items were singled out for specific mention.

**10. Next Meetings**

- March 12 2019 teleconference
- April 9 2019 teleconference (possibly cancelled due to proximity to face-to-face meeting)
- April 16-17 2019 SHCC face-to-face meeting
- May 14 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

**11. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
March 12<sup>th</sup>, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Christie Docking
AB	Pat Martz
SK	Anna Grumbly, Trish Wolbaum, Jocelyn MacLoed
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
NB	Marlien McKay, Beth Morrison
PE	Sterling Carruthers, Rosanne McQuaid
NS	Kari Barkhouse
NL	Ellen Coady
NU	Shara Bernstein
NT	Denine MacDonald
YT	
PHAC	Jennifer Shortall, Adrian Puga
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Secretariat
Craig Watson	Secretariat

## Record of Discussion

### 1. Welcome and Roll Call

Pat/Sterling welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from February 12 2019 teleconference

The record of discussion from the February teleconference was approved as written.

### 4. Secretariat Update

The written Secretariat update was presented.

#### *Discussion:*

It was proposed that upcoming JCSH events (meetings, teleconferences, etc) be added into the written Secretariat Update prior to the SHCC teleconferences. This would allow the SHCC to provide input ahead of the event.

### 5. Annual Report

Susan updated the SHCC on the timelines for the upcoming 2019 JCSH Annual Report, and will send along the guidelines for jurisdictional submissions. It was proposed that the draft jurisdictional submissions be completed prior to the Management Committee face-to-face meeting in May. In advance of the upcoming face-to-face meetings, the SHCs were asked to review the current 2018 Annual Report, highlighting aspects of the report that they deem valuable, as well as aspects that could be improved for the 2019 report. Feedback will be shared at the face-to-face meetings. There was some concern by jurisdictions that the May draft submission proposal is too tight of a timeline, and it was suggested that an August deadline would be a better target. Given the report is now done in-house by the Secretariat, and is a significant amount of work, Susan has asked the jurisdictions to please adhere to the May timeline as best possible. Katherine added that it is key that the report be completed in time for acceptance at fall DM meetings.

### 6. Spring 2019 face-to-face meeting

A small SHCC planning committee met via teleconference to review a draft agenda for the upcoming SHCC face-to-face meetings in April. Content for the meetings was reviewed and revised by the committee. A final agenda is currently being finalized and will be sent to the SHCC for their review.

### 7. Healthy School Planner (HSP)

A Healthy School Planner Working Group has been formed to review and discuss necessary revisions and future direction for the HSP. Since its development by scientists at the Propel Centre

at the University of Waterloo, the HSP has been housed and maintained by Propel. The current maintenance contract with Propel/University of Waterloo is ending as of March 31<sup>st</sup>, 2019, and they have informed the JCSH that they will no longer have the capacity to host and provide maintenance for the HSP. The reason for this is two-fold: the HSP was built on Cold Fusion, an outdated program that can no longer be supported by Propel/University of Waterloo, and Propel's focus is changing which means a new scientific/research lead will need to be identified to support the HSP. The Secretariat is currently exploring possibilities.

In light of needing to move the HSP from its present site, the Secretariat has spoken with Vince Dimanno, webmaster for the JCSH website, regarding potential solutions. Vince has experience with Cold Fusion and is confident that the HSP could be moved over to the JCSH website, allowing the HSP to remain functional for the time being. This will also allow time to explore necessary changes and revisions to the HSP.

Pat Martz updated the SHCC on work she has been doing with the HSP in Alberta. Pat has extracted the data from the last 10 years of use among the school districts and schools, in an effort to determine what information and data is feeding back to the schools districts.

## **8. Emerging Trends and Opportunities**

### **NU**

Work is currently being done to update the Safety in Schools manual. This manual provides information regarding emergency prevention and preparedness.

### **NT**

An arts/theatre-based cannabis education and awareness program for youth is currently in the development phase. It will launch this fall, 2019, with plans to have it reach all communities in the Northwest Territories, and have youth involved in planning and delivering cannabis education in their respective community.

### **NB**

New Brunswick is currently looking to other jurisdictions who may have resources (fact sheets, etc) that address medical marijuana use in schools.

### **NS**

Two new positions have been created within health - one that will focus on school food policy work, and another that will focus on the Health Promoting Schools work. Based on the review of the new Canada's Food Guide, work will be done around revitalizing food policy within both the school and community setting.

### **PEI**

Progress is being made on a new School Food Strategy that will increase students' food literacy, provide fresh, local, and healthy food at school, and lead to revision of the current school

nutrition policy. Multiple partners are exploring potential infrastructure models - such as nonprofit operated centralized kitchens that delivers food to satellite schools; utilizing a 'pay-what-you-can' model. Two demonstration projects were held early in 2019 to pilot this model and events have been held to engage students in a variety of 'school food' conversations.

#### **BC**

Work is currently underway to update the guidelines around food and beverage sales in schools.

#### **MB**

The budget has recently been passed and there is significant reorganization currently taking place within the education department.

#### **ON**

Ontario will begin a close review of their school food and beverage policies, in light of the new CFG. Jennifer has proposed forming a sub-committee that would look closely at school food and beverage policies across jurisdictions. Most, if not all of Ontario's policies guidelines are based on of Canada's Food Guide (CFG), making changes to the CFG significant for the jurisdiction.

The Ontario government is now looking to ban cell phone usage in the classroom as of September, 2019.

**Action:** Secretariat to set up a call in response to Ontario's proposal to bring together a sub-committee on school food and beverage policies.

#### **AB**

Alberta has put forth a position statement indicating that there will be no changes made to their school nutrition guidelines until after Phase 2 of the CFG is released and stakeholder consultations are complete.

### **9. Review of Action Items Table**

The Action Items Table was reviewed.

### **10. Next Meetings**

- April 9 2019 teleconference (Canceled)
- April 16-17 2019 SHCC face-to-face meeting
- May 14 2019 teleconference
- June 11 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

### **11. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
Cambridge Suites Toronto  
April 16<sup>th</sup> & 17<sup>th</sup>, 2019**

**Substitute Chair: Marlien McKay (NB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Christie Docking (by telephone April 16)
AB	Pat Martz (observer by telephone on April 17)
SK	Anna Grumbly
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
NB	Marlien McKay
PE	Rosanne McQuaid Sterling Carruthers (by telephone)
NS	Melanie Welch for Kari Barkhouse
NL	Ellen Coady
NU	Shara Bernstein
NT	Denine McDonald
YT	Ian Parker
PHAC	Jennifer Shortall
Secretariat	Katherine Kelly Craig Watson Susan Hornby (by telephone)

## Record of Discussion

### 1. Welcome, Acknowledgement and Introductions

As both co-chairs were unable to attend due to a flight cancellation and a provincial election, Marlien McKay agreed to chair the meeting. She welcomed all to the meeting and read the acknowledgment of the land. Everyone introduced themselves and gave a brief overview of their respective work roles.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from March 12<sup>th</sup>, 2019 teleconference

The record of discussion from the March teleconference was approved without change.

### 4. Secretariat Update

In addition to the written update, the following was discussed:

Katherine provided an update on the current status and recent developments of the Canadian Alliance for Healthy School Communities (CAHSC). The group will be meeting again in July, and they are currently looking to develop a new tool for the Healthy Schools Certification. OPHEA, PHE and Ever Active Schools would be working on this specifically. They have asked the JCSH whether there is any interest in providing input or working with them on this project. The aim is to be piloting by this coming fall, 2019.

Katherine provided an update on PHE Canada's "ReBOOT Intramurals" project. This is a new pilot program for PHE Canada (currently being piloted in 4 schools in the Ottawa area- grades 7 to 12), and is funded by the Government of Canada (Sport Canada's Innovation Grant). It is designed to engage young girls who typically have lower rates of sport and physical activity participation. It uses a collaborative, youth engagement approach, and students come together to co-design, implement and evaluate activities that suits the unique needs of girls within the school setting. Each school has a teacher leader who has agreed to invest more time and purposeful planning of girls programming within the school beyond the life of the grant/funding.

### 5. Jurisdictional Updates

#### PHAC

Jennifer updated the SHCC on the status of the PHAC-Western University Youth Resilience Project (Preventing Problematic Substance Use Through Positive Youth Development). The feedback provided by the SHCC was very much appreciated and is reflected in the final resource documents. The resources are now available on Western University's website. Health Canada has begun P/T outreach activities for the new Canada's Food Guide to keep momentum and amplify reach of the new guide. This outreach provides an important opportunity for Health Canada to

connect with partners and stakeholders responsible for nutrition policies and programs that fall under P/T jurisdictions. Canada's 5th/6th report on the implementation of the UN Convention on the Rights of the Child was submitted January 28, 2019 to the UN Committee on the Rights of the Child. Health Canada has formed a group that is currently looking at what more needs to be done regarding the issue of youth vaping- both from a policy perspective, and also from a promotion perspective.

#### **YT**

HBSC survey results for 2018 have just been released. The focus for this cycle's data has been on young girls (Grades 9 and 10) living in rural/isolated communities. Data is concerning and shows that these young girls are feeling alienated, disaffected, and disconnected from their teachers, peers, families, and communities.

#### **NWT**

Currently developing Indigenized mental health literacy resources for Indigenous youth. Last year, a partnership between Departments of Health and Education saw child and youth care counselors being deployed in schools and communities. The aim is to promote and build counseling capacity in communities. Two more regions have been added for this year, and will eventually scale up to ten regions. Youth in the Northwest Territories will receive government-backed cannabis education through augmented-reality ads in magazines and on posters. Using an app on their phones, youth will be able to see comics containing the ads come to life on posters and in magazines to be distributed across the territory. An arts-based/theatre-based cannabis education and awareness program for youth is currently being developed. It will launch this fall, 2019, and it will reach all communities in the Northwest Territories. The aim is to have youth involved in planning and delivering cannabis education in their respective community.

#### **MB**

The K-12 Education Review Commission has started its public consultations. Ten public workshops will be held as part of the public consultation for the K-12 Review. Key focus areas are: long term vision for K-12 education, student learning, teaching, accountability for student learning, governance, and funding. The Department of Education has just undergone a major redesign. With the Education Review, it is anticipated that there will be a call to review and update the Health and Physical Education curriculum. The Indigenous Education Directorate has released a new smudging policy handbook for schools. There has been a significant upswing in methamphetamine by injection use in the province. Related outcomes are showing in the increased incidents of congenital syphilis.

#### **NS**

Public Health in Nova Scotia has named Comprehensive School Health/Health Promoting Schools as a provincial priority. Currently, work is being done to establish a consistent approach throughout the province within the new RCE model (Regional Centers for Education). Vaping among youth remains a significant concern in the province. Based on the review of the new Canada's Food Guide, work will be done around revitalizing food policy within both the school

and community setting.

#### **SK**

Limited training for school staff with respect to the effects of Post-Traumatic Stress Disorder on refugee learners/students is a challenge in the province. School personnel are unsure as to how to support and accommodate the learners, and intensive training is essential to ensure that professional knowledge and skills are acquired. A life threatening conditions policy document or policy statement is being considered. Increased vaping use in youth is a significant issue. The “Nourishing Minds” nutrition policy document was updated and revised and is being released in April. Domestic violence policy review is currently underway. Cannabis use among youth is currently being tracked.

#### **NU**

Mental Health and wellbeing continue to be important areas of attention. Education has continued to develop social emotional resources for school staff. Moving into the next school year, Education will be looking at self-regulation and self-care as key themes in territorial conferences. “Starling Minds” - an online mental health platform, was made available to some education staff this year (a collaboration between the Department and the teacher’s union). Access to education support services is improving. Education has been working with schools and a service provider to implement a true UDL model- one that is less individualistic (or clinical, deficit-based), favoring a more socially responsive approach. There have been increased opportunities for collaboration, learning and capacity building. As an example, Connected North videoconferencing is helping to connect schools with each other and with specialists, and provides consultation and workshops more regularly. A final push has been put in place to complete a sound field for learning project, with sound fields in all classes ideally by year’s end. Hearing loss among youth remains a significant issue in the territory.

#### **ON**

The Ontario government has posted a consultation paper and draft regulation under Rowan’s Law on the Ontario Regulatory Registry, and is seeking public feedback. Amendments to the Education Act give the Minister of Education authority to require school boards to comply with policies and guidelines about concussions involving students. In the 2018-19 school year, the Ministry of Education released new/revised legalization of recreational cannabis resources for educators and parents. The Ministry of Education is working with the Ministry of Health and Long-Term Care (MOHLTC) to address questions and issues related to vaping among youth. The ministry is also planning to develop resources and other supports for schools in preparation for the legalization of edible cannabis, cannabis extracts, and cannabis topical. In 2018-19, the ministry provided Physical Activity in Secondary Schools (PASS) Grants to secondary schools in publicly funded school boards, school authorities and provincial and demonstration schools to increase the number of secondary school students participating in physical activities outside of instructional time. The Ministry of Education partnered with the Ministry of Agriculture, Food and Rural Affairs, the Dietitians of Canada, and the Ontario Fruit and Vegetable Growers Association to offer a healthy approach to fundraising for schools by selling Ontario grown fruits and vegetables. Forty

per cent of funds raised stay with schools, 50 per cent of sales are returned to Ontario's farmers, and 10 per cent is retained by Fresh from the Farm to cover operating costs and help to ensure the program's longevity.

#### **PE**

New Student Well-being Teams work in PEI schools advising, consulting and providing direct service to children and youth who are struggling with mental, social and physical health issues. These teams, which include mental health and addictions professionals, CSH nurses, youth outreach workers, and occupational therapists, have expanded students' access to support. Barriers such as transportation to services can be eliminated and there is more opportunity to support wellness in schools. The school-based teams support the social and emotional development of students as well as their success and academic achievement. Communications on vaping for adult influencers have been developed. The education department is reviewing a request from the province's justice department to have opioid education pieces added to cannabis education. Progress is being made on a School Food Strategy that will increase students' food literacy, provide fresh, local, and healthy food at school, and lead to revision of the current school nutrition policy. Multiple partners are exploring potential infrastructure models - such as nonprofit operated centralized kitchens that delivers food to satellite schools; utilizing a 'pay-what-you-can' model.

#### **NL**

Key work is currently underway to implement Social Emotional Learning (SEL) using a Comprehensive School Health Approach. This work is a result of the work coming out of the "Towards Recovery" report (Department of Health and Community Services) and the "Premier's Task Force on Improving Educational Outcomes" (Department of Education). A new responsive teaching and learning policy has been developed and will govern how learners receive supports at the classroom level and beyond. Key focus areas of the policy are: literacy, numeracy, and SEL. Comprehensive School Health remains a key priority within the province. An advisory committee was set up to review and direct how the third edition of the province's School Food Guidelines would roll out. A "What we Heard" summary document has just been completed, based on feedback from stakeholders that are currently using the School Food Guidelines document, and a pilot will roll out this September using new draft guidelines in several schools. Vaping among youth remains a significant concern in the province.

#### **NB**

New Brunswick Student Wellness Survey (NBSWS) is underway again this year for 2018-2019. Because the NBSWS aligns with The Canadian Student Tobacco, Alcohol and Drugs Survey (CSTADS), it has been integrated into the administration in an effort to make it seamless for schools. From this, national comparative data will be available. The NBSWS reaches approximately 95% of schools in the province. Given the reach of the survey, the province is able to provide data back to schools and communities, to allow for an integrated approach to school community planning. The NBSWS was used to identify key issues in the province, such as the cannabis and vaping.

**Jurisdictional Challenge/Priority: Vaping (Agenda addition)**

***Discussion:***

- Many schools do not currently have a succinct plan to address vaping use among students
- Many parents are not properly versed on the adverse consequences and health implications
- New Brunswick has created a provincial group under their Tobacco Alliance to address the issue
- FPT resource saturation - potentially causing duplication and mixed messages
- With the science changing so rapidly, much of the information is no longer accurate/relevant
- Several jurisdictions rely on Health Canada to keep them up to date on information/resources
- Perhaps JCSH could create key/consistent messages for the jurisdictions from a CSH perspective
- Educators and school staff are not cessation experts - they require concise resources
- This is an opportunity for JCSH to be proactive and consistent in its messaging
- Ontario Tobacco Research Unit (OTRU) has an online module that is very informative

**Action:** JCSH to compile a draft resource that includes current evidence, resources and potential actions for school communities using the CSH framework, as guidance for respective jurisdictions

**Action:** Health Canada will be presenting to the SHCC on the issue of vaping and preventative measures (June 11<sup>th</sup> SHCC teleconference)

**6. Comprehensive School Health Implementation in Canada**

- JCSH Tools and Resources

**1) Healthy School Planner- Next Steps**

Katherine provided an update on the status of the Healthy School Planner. Since its development at the Propel Centre at the University of Waterloo, the HSP has been housed and maintained by Propel. The current maintenance contract with Propel/University of Waterloo ended as of March 31st, 2019 (and Propel no longer has the capacity to host and provide maintenance for the HSP). The reason for this is two-fold: the HSP was built on Cold Fusion, an outdated program that can no longer be supported by Propel/University of Waterloo, and Propel's focus is changing, which means a new scientific/research lead will need to be identified to support the HSP. In light of needing to move the HSP from its present site, the Secretariat spoke with Vince Dimanno, webmaster for the JCSH website to discuss options. After several considerations, it was determined that migrating the HSP in Cold Fusion was the optimal option. Vince has experience with Cold Fusion and confirmed that the HSP could be moved over to the JCSH website (at minimal cost), allowing the HSP to remain functional for the time being. This option also affords the opportunity and time to explore necessary future changes and revisions to the HSP. Vince is currently in the process of executing the HSP move over to the JCSH website.

***Discussion:***

- It is important that the transition is seamless for schools who are currently using the HSP
- If schools have questions (technical, or otherwise), they will now be directed to the Secretariat

- Do we require a new contract, now that the HSP is moving under the JCSH umbrella?
- Without a renewed mandate, where would the Healthy School Planner transition to?
- With a renewed mandate, the Healthy School Planner will eventually require a complete rebuild

**Action:** Katherine to review past contracts and determine if we will require a new contract/new consent

- Indigenous Perspectives

### **1) Statement on Reconciliation**

Jennifer Wood provided the SHCC with a review and update on the status of the JCSH “Statement on Reconciliation” developed by the Working Group. The purpose of the statement is to set direction for the work of the JCSH and provide a tool for all to take back to their respective jurisdictions. As per previous direction from the Management Committee (arising from the December MC face to face meetings), the Secretariat and the Statement Working Group developed a Common Briefing Note on the Statement, with recommendations on how could be used, with a focus on how it may be infused into the work of the JCSH. The CBN will be shared with the Management Committee prior to their upcoming meetings. To date, the Statement has been translated into French, Inuinnaqtun, and Inuktitut.

#### **Discussion:**

- Several other jurisdictions are exploring translation opportunities within their P/Ts
- Statement should be sent to/shared with the NCTR for their reference
- It was suggested that the Statement be forward facing and prominent on the JCSH website

### **2) Positive Mental Health Toolkit- Indigenous Module Update**

Katherine provided the SHCC with an update on the status of the Indigenous Module for the Positive Mental Health Toolkit. The JCSH has finally received a project proposal from Kevin Lamoureux, and this proposal was shared with the SHCC. Kevin will act as the lead/coordinator/editor for the project, and it will be completed under the umbrella of the NCTR. The module will represent a snapshot of current best understandings of Indigenous views of wellbeing, and will be informed by a broad range of teachings, expertise and cultural practice from engaged partners across the country.

#### **Discussion:**

- How will the proposal be translated into module format to align with the current PMH Toolkit?
- What technical supports will be required to have it translated into module format?
- Will technical supports/requirements have budgetary implications?

**Action:** Katherine to speak with Kevin regarding technical supports/requirements, and potential budgetary implications that may arise.

## **7. Developmental Evaluation (Jamie Gamble)**

Jamie Gamble provided the SHCC with a review of the Developmental Evaluation framework, and the draft Developmental Evaluation report. For those new to the table, Jamie outlined how the developmental evaluation process and draft developmental evaluation report came to be in their current forms. The draft developmental evaluation report was shared and reviewed with the SHCC, with the goal of having the group determine what might be missing in the report, provide any substantive corrections to the report, and highlight what might deserve the most emphasis in the report as a whole- with a focus on what the implications might be going forward as the final report is completed.

**Action:** SHCC to send report feedback to Jamie by April 24<sup>th</sup> for his review and revision

**Action:** Revised report to be sent to Management Committee by May 1<sup>st</sup>

#### 8. JCSH Mandate Renewal

Katherine provided an update on the proposed process and timelines for seeking a renewed JCSH mandate.

**Discussion:**

- If there is a desire to go forward in seeking a new mandate, a proposal document will be required for upcoming Deputy meetings (dates TBD- typically July for CMEC and September for CDMH is the timeframe)
- In prior mandate renewal processes, Deputy Ministers requested a concise document outlining what the proposal is for moving forward
- If specific jurisdictions opt out of a new mandate, is the JCSH still viable?
- If any larger jurisdictions opt out, is the JCSH still viable for the smaller jurisdictions?
- What are the members seeking in a new mandate? What are the gaps and how are we trying to fill them? What are upcoming priority agenda items on federal, PT, health and education tables: it is important to show how JCSH work aligns with those tables.

#### 9. **McConnell Foundation (Discussion): *Advancing System-Wide Leadership for Sustainable Approaches to Mental Health and Well-Being* (Paul McArthur)**

Paul provided an overview of the McConnell Foundation and its current work, priorities, and strategies. The McConnell Foundation is a private foundation working across Canada, with a focus on systemic social, cultural, economic, and environmental challenges. The foundation's current priority areas include: post-secondary education, child and youth mental health/K-12 education, and reconciliation. The "WellAhead" project is the foundation's child and youth mental health initiative. The project focuses on systems change- integrating social and emotional well-being into K-12 education, and works on both a P/T and Pan-Canadian/National level. As part of sustainability planning, WellAhead seeks to identify partners and intermediaries to lead work in priority areas of interest.

***Discussion:***

- What is next at the system level for the McConnell Foundation and the JCSH?
- Collaboration and partnerships with non-governmental bodies helps to advance our work
- We have to leverage all the collective tools and resources we have to avoid saturation
- How do we play the curation role to ensure that the proper resources are front and center?
- How do we successfully execute a systems approach?
- How could the JCSH use McConnell's knowledge products efficiently and effectively?
- How can the JCSH and McConnell advance collectively?

**10. Annual Report**

Susan updated the SHCC on the status of the upcoming 2019 JCSH Annual Report. Initially, in advance of the upcoming face-to-face meetings, the SHCC were asked to review the current 2018 Annual Report, highlighting aspects of the report that they deem valuable, as well as aspects that could be improved for the 2019 report. After further review, it was suggested that perhaps this year is not the appropriate time for any substantial changes to the Annual Report structure. Rather, for this year's report, logistics for jurisdictional submissions will remain status quo.

**Action:** Secretariat to send submission timelines and production guidelines to SHCC

**11. Next Meetings**

- Teleconferences 2019 - second Tuesday of each month at 1:00 PM Eastern
- Fall face to face (TBD)

*All teleconference meetings begin at 1:00 Eastern Time*

**12. Wrap up and concluding remarks**

Marlien thanked all for their participation and wished everyone a safe return home.

**Record of Discussion  
School Health Coordinators' Committee Meeting  
May 14<sup>th</sup>, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Expected Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Christie Docking
AB	Pat Martz
SK	
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
NB	Marlien McKay Beth Morrison
PE	Sterling Carruthers Rosanne McQuaid
NS	
NL	
NU	Sara Bernstein
NT	Denine McDonald Elaine Stewart
YK	Ian Parker
Suzy Wong	PHAC
<b>Secretariat</b>	
Craig Watson	Secretariat

## Record of Discussion

### 1. Welcome and Roll Call

Pat/Sterling welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the April 16<sup>th</sup> & 17<sup>th</sup> 2019 face to face meetings

The Record of Discussion from the April 16<sup>th</sup> & 17<sup>th</sup> face to face meetings was approved as written, with modifications from Jennifer Shortall.

### 4. Secretariat Update

The written Secretariat update was presented.

#### ***Discussion:***

- It was noted again that the post-conference takeaway reflection pieces embedded into the Secretariat Update are very useful and appreciated; however, there were several School Health Coordinators who noted that they were having challenges opening the PDFs. It was suggested that any embedded documents could also be a part of the meeting bundle. It was also suggested that a more thorough review of the Secretariat Update (and subsequent post-conference takeaway pieces) would be very useful to the SHCC, and help to keep them informed of Secretariat activities (i.e., conferences, JCSH presentations, etc).

### 5. Concussion Resources (Stephanie Cowle - Parachute/Christine Providenza - Holland Bloorview)

Stephanie and Christine provided an overview to the SHCC on current work that has been completed to date with regards to Pan-Canadian concussion resources for educators, as well as an overview of the [SCHOOLFirst](#) resource that has been developed by the Concussion Centre at Holland Bloorview Kids Rehabilitation Hospital, in partnership with Parachute Canada. The focus of the SCHOOLFIRST resource is to enable teachers to be concussion champions, and support them in knowing how to successfully return students to school post-concussion. Current post-concussion resources have proven to be inconsistent and plentiful - with an emphasis on “what to do,” and little direction on “how to do it.” The aim is to make the resource available to all schools across Canada, so every teacher across the country can strive to be a “Concussion Champion” within their respective school environments. Concussion is a public health concern, and it is key that youth properly re-engage in school based activities before returning to sport.

#### ***Discussion:***

- What type of engagement has taken place with the non-funded independent First Nations schools, and is part of the strategy to make the resource available to these on-reserve school communities? Both Parachute and Bloorview have conducted work around concussion information and resources for Indigenous communities. The work was not specifically based

around the SCHOOLFirst resource, but rather around a “Peer to Peer” initiative which is currently taking place. Varying stakeholders from the “Peer to Peer” table have been engaged to help inform the resource, with the aim of taking key learnings from those conversations, and modifying the SCHOOLFirst resource to suit different target audiences (i.e., Indigenous school communities, rural school communities, etc.).

- Work has been done with schools in New Brunswick and PEI to help understand concerns, perceptions, and needs regarding concussion protocol in schools - with a focus on how to adapt concussion protocols to the school setting, and what tools/resources can best support the implementation.

## **6. Management Committee Meetings**

Sterling provided the SHCC with an overview and debrief from the May 7<sup>th</sup> and 8<sup>th</sup> Management Committee Meetings in Toronto. Key focus areas included:

### 1) Developmental Evaluation

Jamie Gamble reviewed the evaluation report with the Management Committee. The evaluation report included all feedback that had been provided by the SHCC, after having reviewed it at the April SHCC meetings.

### 2) In-Camera Session

The Management Committee members requested an In-Camera session during the meetings. The session provided an opportunity for the members to speak frankly, and discuss current issues, challenges, and themes, as the JCSH navigates through the mandate renewal process. Secretariat staff were then provided with an overview and de-brief from the session.

### 3) Mandate Renewal Working Group/Task Force

The Management Committee decided to form a JCSH task group to prepare a series of documents for mandate renewal. The group will be co-Lead by two members: Stephen Smith (BC) and Steve Machat (NS). The documents will include: 1) Proposal for Mandate Renewal 2) Strategic Directions Document 3) Management Committee Terms of Reference. The JCSH Evaluation Report by Jamie Gamble, and a Common Briefing Note, will form the complete Mandate Renewal package of five documents. Each member jurisdiction is invited to choose either a School Health Coordinator or a Management Committee representative to sit as part of this task group, with the intent of having a combination of both committees.

## **7. Emerging Trends and Opportunities**

### **PHAC**

Suzu provided the SHCC with an update on the National School Food Policy that is being led by the Social Policy Directorate at Employment and Social Development Canada.

**8. Review of Action Items**

The Action Items Table was reviewed.

**9. Next Meetings**

- June 11 2019 teleconference
- July 9 2019 teleconference
- August 13 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

**10. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
June 11<sup>th</sup>, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Expected Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Christie Docking
AB	Pat Martz
SK	Anna Grumbly Jocelyn MacLeod
MB	Jennifer Wood
ON	Jennifer Munro-Galloway Chelsea Murray
NB	Marlien McKay
PE	Sterling Carruthers Rosanne McQuaid
NS	
NL	
NU	Shara Bernstein
NT	Denine McDonald Elaine Stewart
YK	
PHAC	Suzy Wong Adrian Puga
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Secretariat
Craig Watson	Secretariat



## Record of Discussion

### 1. Welcome and Roll Call

Pat/Sterling welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the May 14<sup>th</sup> 2019 teleconference

The Record of Discussion from the May 14 teleconference was approved as written, with modifications from Jennifer Shortall (PHAC).

### 4. Vaping Resources (Holly Stardom, Tobacco Control Directorate - Health Canada and Leslie Marques, Department of Social Development - Government of New Brunswick)

Holly Stardom and Leslie Marques provided the SHCC with an update on current vaping resources, an overview on what actions the Government of Canada (specifically - Health Canada) is taking to address vaping among youth, and discussed potential opportunities for collaboration within the jurisdictions - in an effort to ensure effective and consistent messaging.

#### ***Discussion:***

- Schools in particular across the country are seeing the significant impact of vaping among youth, and the SHCC is ideally positioned to work with Health Canada to identify opportunities around education and awareness.
- Deputy Ministers of Health had the opportunity to discuss the issue of vaping among youth at their last meeting on May 30<sup>th</sup>, and Health Canada is currently following up with several jurisdictions in regards to what policy and program supports they can offer. It was suggested that opportunities for Health Canada to present to either the Ministers/Deputy Ministers on the education side should also be explored.
- The SHCC asked if Health Canada could provide them with information on any micro grants (that focus on the school setting) that may have already been approved within the jurisdictions. This would create an opportunity for jurisdictions to explore collaboration opportunities with those who have been awarded micro grants.
- It was suggested that the names of the tobacco liaison representatives in each jurisdiction be provided to the SHCC.

### 5. National School Food Policy (Christian Paradis, Employment and Social Development Canada)

Christian Paradis provided the SHCC with an update on the National School Food Policy. The Social Policy Directorate at Employment and Social Development Canada is leading this work, and the primary focus in the short-term is to learn about the existing school food policies and

programs in provinces and territories - including program objectives, design and delivery.

**Discussion:**

- Is the goal to develop a National School Food Policy, or rather, will it be a National School Food Program? Christian indicated that, given the work is still in a very early phase, it is not entirely clear how it will take shape.
- Funding to provide food in schools is one issue; however, it is a completely different issue to have a national policy in place for the provision of food. Will the national policy involve guidelines for what types of food can be served in schools? This initiative involves more than just simply announcing to PTs that a school food policy/program is in place. This has significant implications for the PTs.
- As the work begins to explore what the school food environment currently looks like within jurisdictions, there is an opportunity for the SHCC/jurisdictions to help inform what the landscape looks like from their own perspectives. It is important to determine what formal process should be used to allow the SHCC/jurisdictions to best inform the work.

**6. Secretariat Update**

The written Secretariat update was presented. In addition to the written update, the following was provided:

Susan provided a short overview of the outcomes from the May 27-29 *National Roundtable on System-Wide Integration and Measurement to Optimize School Mental Health & Wellbeing*. Marlien, who also attended the roundtable, noted that McConnell Foundation has laid out some focus in their work in school mental health and wellbeing that may prove valuable to JCSH in terms of mandate renewal. Pat noted that WellAhead's five-year funding in Alberta is coming to an end 1.5 years and the Foundation has just announced another funding initiative - 80 schools for best practice with teachers and students.

Action: Katherine will follow up this week with Mali and put out to those who might be interested in participating in this call.

**7. Healthy School Planner - Next Steps**

The Healthy School Planner is fully operational in the testing environment and will be ready to go live on the JCSH website shortly. Vince Dimanno (JCSH webmaster) has developed a database of all those who have ever used the Healthy School Planner, and all former users will be informed via email of the new web addresses ([www.healthyschoolplanner.com](http://www.healthyschoolplanner.com) and [www.healthyschoolplanner.ca](http://www.healthyschoolplanner.ca)). An email with the new information for the HSP will also be sent to the SHCC in French and English for their distribution.

**8. Review of Action Items**

Ontario is looking to update the scan on prevalent medical conditions (ie- diabetes, epilepsy,

anaphylaxis, heart arrhythmia, etc) that was last completed through the Secretariat in 2015.

Action: Susan will resend out the scan that was completed in 2015 to the SHCC, and jurisdictions will be asked to please update their respective information.

## **9. Next Meetings**

- July 9 2019 teleconference
- August 13 2019 teleconference
- September 10 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

## **10. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
July 9<sup>th</sup>, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	
AB	Pat Martz
SK	Anna Grumbly
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
NB	Marlien McKay Beth Morrison
PE	Sterling Carruthers Rosanne McQuaid
NS	
NL	Jaime Collins Peggy Orbasli
NU	
NT	Elaine Stewart
YK	Ian Parker
PHAC	Suzy Wong
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Secretariat
Craig Watson	Secretariat



## Record of Discussion

### 1. Welcome and Roll Call

Pat/Sterling welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the June 11<sup>th</sup> 2019 teleconference

The Record of Discussion from the June 11<sup>th</sup> teleconference was approved as written.

### 4. HBSC - Update (Dr. Wendy Craig, Queen's University)

Wendy provided the SHCC with an update on the HBSC study. Data collection is complete across the country, with the exception of Nunavut. Work is currently underway, in conjunction with PHAC, to collect pilot data in Nunavut. The data collection for this cycle in general has been very challenging for the HBSC team, due to survey saturation in the field, and privacy concerns. These challenges are not unique to Canada's HBSC survey, and many other countries have expressed similar concerns. The team will begin work this fall on the provincial and territorial reports. All jurisdictions will receive templates, and the HBSC team will work with the respective provinces/territories to determine what each PT would like to see in their reports. Currently, the team is working on their deliverables with PHAC, with 8 mini reports being written. Key focus areas for these reports include: social media use, key health behaviors, mental health, concussion, substance use (with a focus on vaping and cannabis), and violence related behaviors. A shorter summary report will also be available, and infographics will be released to go along with the mini reports and summary report.

#### ***Questions for Discussion:***

- What can the HBSC team do over the next two years to more effectively share the survey (and survey results), to help lay the foundation to engage schools and the education system, prior to the next data collection cycle? How can the team start now to be more effective in engaging schools and the education system?

-The mini reports and infographics are a very welcome addition

-Perhaps the survey could be linked to respective strategic plans in each PT

-Survey fatigue continues to present a significant challenge

-Better coordination is needed for the multiple surveys that exist

-It is key that PTs clearly see how the survey can benefit them in their school improvement plans

-Continued connections/engagement between the HBSC team and CASSA and CAP conferences is key in highlighting the value of the survey

-Continued and ongoing connections/engagement between the HBSC team and SHCC is important

-The data should be made user friendly for students to use in their high school years, as they are learning about community health and public health

- In previous years, nothing has been reported at the PT level (other than respective PT reports). As of late, there has been interest in grouping specific areas (ie- central Canada, eastern Canada, etc). Would this be problematic for jurisdictions, or is this something that would be welcome and supported?

-In regards to grouping the data, more exploration may be needed at the PT level to determine if this would be something that they would want

-Regional reports (or Families of Schools reports) could be very beneficial (PEI), as would be tri-territorial reports (YT, NWT, NU)

#### **5. Secretariat Update**

The written Secretariat update was presented. In addition to the written update, Katherine provided the following:

1) Canadian Association of School System Administrators (CASSA)

Katherine recently attended and presented at the CASSA conference. The presentation focused on the Healthy School Planner and its potential for school-level data connections.

Action: Katherine to send the conference presentation to the SHCC.

#### **6. Website Renewal**

Katherine provided the SHCC with an update on the status of the JCSH website refresh. Given that the JCSH website is over 5 years old, Vince Dimanno (JCSH webmaster) is beginning work to modify it, in an effort to significantly improve its accessibility and functionality. Vince is currently looking to gather feedback from the SHCC regarding what changes/modifications might be needed for a new improved website. Specifically, from a technical standpoint, he would like to know what the SHCC feel should be kept/not kept on the site. As well, from a content perspective, he would like to determine what is important/not important to the SHCC. The SHCC would like to see a draft/mock-up of the new website that they can review, including Vince's suggested modifications. From there, they will provide feedback accordingly.

#### **7. Indigenous Positive Mental Health Toolkit Module**

The SHCC would like to see an RFP process proceed; however, given the current time lines (ie -

Mandate Renewal process), it would be best to proceed in stages. An RFP could first go out in draft form, to be used for stakeholder engagement - giving individuals a chance to respond to the RFP, and review/provide recommendations. This could be a front-end piece, used to inform future direction. Jennifer Wood has volunteered to assist in the review process.

#### **8. Healthy School Planner - Next Steps**

It was suggested that the Healthy School Planner Working Group could be pulled back together to begin initial conversations around what should be looked at in terms of changes to the HSP. The group would review the data collected on HSP usage to date, discuss benefits to continuing to use the HSP in general, and determine what changes are necessary for the HSP (ie- would it be just look and feel, or content-related changes, etc.). Prior to the Working Group beginning their discussions, Jennifer Munro-Galloway recommended first finding out which PTs are currently using/promoting the HSP - in an effort to save the group a step.

**Action:** Katherine to send out an email to the SHCC to determine HSP usage per jurisdiction, and confirm who would like to be a part of the HSP Working Group.

#### **9. Annual Report**

Susan updated the SHCC on the status of the upcoming 2019 JCSH Annual Report. Susan has been in contact with most jurisdictions, with four outstanding that have yet to provide any communications regarding their submissions. Susan asked that those jurisdictions please contact her with information on where they may (or may not) be in the submission process. Jurisdictions were encouraged again to submit any relevant photos or infographics they might have.

#### **10. JCSH Mandate Renewal Task Group**

Sterling and Pat provided an update on the work of the JCSH Mandate Renewal Task Group. The group, co-chaired by Stephen Smith (BC) and Steve Machat (NS), will have their next teleconference on July 22<sup>nd</sup>. Each member jurisdiction, with the exception of NWT, has a representative sitting as part of this task group. The draft Strategic Directions document is nearing completion, and will be reviewed with the Task Group on the upcoming teleconference.

#### **11. Emerging Trends and Opportunities**

##### **PEI**

As an FYI, Sterling informed the group that PEI has received a request from an organization called [CanLyme](#), looking to have tick removal kits placed into schools. CanLyme provides the public with balanced and validated information on Lyme disease and related coinfections, and they may be looking to contact other jurisdictions that may be considered in a high risk area for ticks and Lyme disease.

## 12. Review of Action Items

### 1) JCSH Vaping Resource for Schools

Susan provided the SHCC with an update on the JCSH Vaping Resource for Schools document that was recently developed. Given that vaping among youth is currently a prevalent issue, Susan has offered to set up an environmental scan, and has asked jurisdictions to send along any information around vaping that is pertinent to their PTs. From there, the information can be populated accordingly, and any new resources/research can be added.

### 2) JCSH Environmental Scan - Prevalent Medical Conditions (PMCs)

Susan provided the SHCC with an update on the Prevalent Medical Conditions environmental scan. Susan will send out the current version of the scan, and asked that jurisdictions please provide any pertinent updates to it.

## 13. Next Meetings

- August 13 2019 teleconference
- September 10 2019 teleconference
- October 8 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

## 14. Adjournment



**Record of Discussion  
School Health Coordinators' Committee Meeting  
September 10<sup>th</sup>, 2019**

**Chair: Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Christie Docking
AB	Pat Martz
SK	Jocelyn MacLeod Helen Flengeris
MB	
ON	Jennifer Munro-Galloway
NB	Marlien McKay Beth Morrison Sylvia Reentovich
PE	Rosanne McQuaid
NS	
NL	Peggy Orbasli
NU	Shara Bernstein
NT	Elaine Stewart
YK	Ian Parker
PHAC	Suzy Wong
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst



## Record of Discussion

### 1. Welcome and Roll Call

Pat welcomed all to the call and relayed regrets from co-chair Sterling Carruthers.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the July 9<sup>th</sup> 2019 teleconference

The Record of Discussion from the July 9<sup>th</sup> teleconference was approved as written.

### 4. Secretariat Update

The written Secretariat update was presented. In addition to the written update, Katherine provided the following:

1) "Mobilizing School Stakeholders in Comprehensive Efforts to Address Problematic Substance Use Forum" (February, 2020)

This proposed two-day forum, to be held in Toronto (February 2020), will be co-hosted by the Public Health Agency of Canada (PHAC), the Canadian Centre on Substance Use and Addiction, and the Canadian Students for Sensible Drug Policy. The JCSH has also recently been asked to collaborate on planning and co-hosting the forum. The purpose of the forum is to inform and mobilize a comprehensive school health (CSH) approach to addressing problematic substance use (PSU) within Canadian school communities that combines upstream prevention, harm reduction and other evidence-based approaches.

Action: Katherine to send initial forum planning documents to the SHCC

### 5. Mandate Renewal Task Group - Update

Katherine provided an update on the work of the JCSH Mandate Renewal Task Group. The final mandate renewal package is complete, and co-chairs Stephen Smith (BC) and Steve Machat (NS) will be sending the documents along to Katherine. Katherine will forward the package along to Management Committee members and School Health Coordinators for their review. A teleconference to discuss the mandate renewal package will follow in late September.

Action: Katherine to send out a Doodle to Management Committee and School Health Coordinators to determine dates for the teleconference.

### 6. Website Renewal/Healthy School Planner - Update

Katherine provided the SHCC with an update on both the status of the JCSH website refresh, and the Healthy School Planner move. Given the outdated nature of the platform (ie- Cold Fusion), the move of the Healthy School Planner from Propel/Waterloo to the JCSH website has been



challenging. Vince Dimanno (JCSH webmaster) has been working diligently to address and rectify issues as they arise.

The Healthy School Planner Working Group met via teleconference on September 4<sup>th</sup> to begin initial conversations around what should be looked at in terms of changes to the HSP. The group has now decided to wait and see how the proposed new JCSH mandate plays out, before determining whether or not the HSP will require a refresh/renovation, or a complete rebuild. In regards to the overall JCSH website refresh, as per the request of the SHCC, Vince has been asked to provide a draft/mock-up of the new website with his suggested modifications. When this draft/mock-up is complete, it will be forwarded along to the SHCC for review/feedback accordingly.

#### **7. PMH Toolkit (Indigenous Module RFP) - Update**

A call-out was sent to the SHCC, seeking those who would be interested in being part of a PMH Toolkit - Indigenous Module Advisory Committee. This committee will work to scope out how to proceed with an RFP process for an Indigenous Module for the Positive Mental Health Toolkit. To date, the Secretariat has received expressions of interest from Newfoundland, Manitoba, Saskatchewan, and Alberta.

Action: Katherine to re-send the email inviting membership on the committee and, once membership is complete, she will send a Doodle to determine dates for an initial teleconference

#### **8. Emerging Trends and Opportunities**

##### **YT**

The Youth Director in Whitehorse has received funding from a national crime prevention strategy to be used for work involving the "[40 Developmental Assets](#)" framework. The Department of Health & Social Services has taken the opportunity to work in conjunction with this project, and will bring HBSC data back to the rural communities where the information was gathered. The focus for the data has been on young girls (Grades 9 and 10) living in rural/isolated communities. Data is concerning and shows that these young girls are feeling alienated and disconnected from their teachers, peers, families, and communities. Community meetings will be held in these rural communities to share the results of the HBSC study, in an effort to generate discussion, build on strengths, and determine how best to use the 40 Developmental Assets framework.

##### **NWT**

Information and data gathered from both the HBSC study and a middle years development index survey resulted in the creation of new Child and Youth Care Counselor (CYCC) positions. These CYCCs are employed by the Department of Health & Social Services and are working in the schools. The CYCC program is currently midway through a 4-year roll out.

##### **NU**

The Department of Education is currently busy preparing for several territorial conferences in the **Pan-Canadian Joint Consortium for School Health**



coming fall months: a Principals' Conference, a Student Support Teacher Conference, and a School Community Counselor Conference. A key focus across all of these respective conferences will be stress behaviors in the classroom, along with strategies to recognize and address these stress behaviors directly.

#### **PHAC**

The HBSC team is currently putting together drafts of the 8 mini reports, as well as a draft of the summary report. The SHCC are welcome to review and provide feedback in relation to these documents. Suzy provided the SHCC with an update on the National School Food Policy that is being led by the Social Policy Directorate at Employment and Social Development Canada (ESDC). PHAC's tick-borne disease team is currently developing resources for schools. In particular, these resources will focus on Lyme disease.

Action: PHAC's tick-borne disease team to present on an upcoming SHCC teleconference

#### **NL**

NL is currently looking to update and revise their provincial School Food Guidelines and provincial Healthy Eating Policy. It is the hope that there will be a pilot project this coming year to implement the new guidelines, with plans to implement the healthy eating policy in all schools in 2020. A vaping awareness campaign for youth is being developed, with vaping awareness presentations taking place in October in all schools that house grades 7-12 across the province. This campaign was developed by a provincial working group, and the presentations will be delivered by classroom teachers. Health Canada's "Consider the Consequences" vaping tour will be returning to NL in November.

#### **NB**

New legislation for mandatory immunization is currently being developed in the province. This legislation would ensure that all students have proper immunizations before entering the school system. Results from the New Brunswick Student Wellness Survey (grades 6-12) will be available this fall. CSTADS data was integrated with the survey, providing nationally comparable data, as well as census-level data. The Elementary Student Wellness Survey is currently being conducted in schools. This survey targets students in grades 4 and 5, as well as all parents of elementary students.

#### **ON**

The Health and Physical Education Curriculum has been successfully released. Social-Emotional Learning (SEL) Skills has been added, and explicitly placed as a strand within the curriculum. A new concussion policy is currently being finalized, and will be released very soon. School boards across the province must develop policies and procedures surrounding students with service animals by January 1, 2020.

#### **SK**

A draft policy document supporting students who are managing life threatening medical



conditions is currently being developed.

#### **BC**

The second phase of the provincial immunization campaign is currently underway. A provincial mental health & addictions strategy has been released (“A Pathway to Hope”), with multi-disciplinary teams in five school districts bringing wraparound services and supports directly to young people. As well, the number of Foundry Centres will increase, so that young people in more communities can access health and wellness resources, services, and supports. Youth vaping continues to be a significant issue in the province. The B.C. Lung Association has created a toolkit to be used by educators, parents, and healthcare providers. The Ministry of Education’s [erase](#) initiative is currently working to update its resources.

#### **AB**

The provincial budget will be released in late October. Bill 201 (Protection of Students with Life-threatening Allergies Act) will come into effect in January, and all schools will be required to have an EpiPen on site. The Medical Management and Care document is not yet completed. Work is ongoing; however, it is not yet available to the public. The province now has a new Associate Minister of Addictions & Mental Health.

### **9. Review of Action Items**

#### 1) JCSH Vaping Resource for Schools

Susan provided the SHCC with an update on the JCSH Vaping Resource for Schools document that was recently developed. Susan will send out the environmental scan template to the SHCC, and has asked jurisdictions to send along any information around vaping that is pertinent to their PTs. From there, the information can be populated accordingly, and any new resources/research can be added.

#### 2) JCSH Environmental Scan - Prevalent Medical Conditions (PMCs)

Susan provided the SHCC with an update on the Prevalent Medical Conditions environmental scan. The current version of the scan was sent out, and Susan has asked any remaining jurisdictions that haven’t already responded to please to provide any pertinent updates to it.

### **10. Next Meetings**

- October 8 2019 teleconference
- November 12 2019 teleconference
- December 10 2019 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

### **11. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
October 8<sup>th</sup>, 2019**

**Chair: Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
NB	Sylvia Reentovich
PE	
NS	James Shedden
NL	Peggy Orbasli
NU	
NT	
YK	
PHAC	Suzy Wong
<b>Secretariat</b>	
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst

## Record of Discussion

### 1. Welcome and Roll Call

Pat welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the September 10<sup>th</sup> 2019 teleconference

The Record of Discussion from the September 10<sup>th</sup> teleconference was approved as written.

### 4. Secretariat Update

The written Secretariat update was presented. In addition to the written update, Susan provided the following:

1) "School Matters: Building a Blueprint for School Communities to Help Prevent Substance Use Harms Forum" (\*Working title)

The Secretariat was part of the most recent planning meeting (via teleconference) for this proposed two-day forum, to be held in Toronto (February 2020). The forum will be planned and co-hosted by the Public Health Agency of Canada (PHAC), the Canadian Centre on Substance Use and Addiction, the Canadian Students for Sensible Drug Policy, and the JCSH. The purpose of the forum is to inform and mobilize a comprehensive school health (CSH) approach to addressing problematic substance use (including: tobacco, vaping, and cannabis) within Canadian school communities. This most recent planning meeting was used to discuss structure and outcomes for the two-day forum.

### 5. Management Committee Teleconference (October 3<sup>rd</sup>, 2019) - Debrief

Pat provided an update on the Management Committee teleconference, with the primary focus of the meeting being the proposed JCSH mandate renewal, and the final draft of the mandate renewal package. As a follow-up to the meeting, in preparation for a possible renewed mandate, an email from John Cummings (JCSH Management Committee Chair) was sent to the Management Committee containing a document that outlined four decision points on which feedback from each jurisdiction (ADM level or equivalent) was requested. Input from the document will help to finalize the mandate renewal package that will be submitted to the Advisory Committee of Deputy Ministers of Education, and the Conference of FPT Deputy Ministers of Health later this fall. Deadline for the submission of the responses has been set for October 31<sup>st</sup>. A common briefing note (CBN) that will accompany the final mandate renewal package will be developed. The final mandate renewal package will consist of the following documents: A) JCSH Mandate Renewal Proposal 2020-2025, B) JCSH Strategic Directions 2020-2025, C) JCSH Leadership Committee Terms of Reference, D) JCSH Evaluation Report, E) Common Briefing Note.

## 6. Annual Report - Update

Susan advised that the JCSH 2019 Annual Report is near completion, with two jurisdictions not yet reporting. The French translation is not yet complete, and will need to have graphic design work done before the document is ready for distribution to jurisdictions.

## 7. Emerging Trends and Opportunities

### NL

NL is currently revising their provincial School Food Guidelines. Several schools across the province are currently participating in a pilot project to determine the feasibility of the new guidelines, and how best to move forward with implementation next year. A vaping awareness campaign for school-aged youth will begin, with awareness presentations taking place in October for all students in grades 7-12 across the province. This campaign was developed by a provincial working group, and the presentations will be delivered by classroom teachers.

### NS

A provincial wellness/wellbeing goal has been developed and approved. This is the first time that the NS Centers for Education have instituted a wellbeing goal.

### ON

As a part of "Rowan's Law Day," a new concussion policy was finalized and released at the end of September. Ontario's FPTGN member informed Jennifer that they currently have a school nutrition working group, focusing on school food and beverage policy, and school nutrition guidelines. Jennifer is hoping that the JCSH could link work coming out of NL's School Food Guidelines pilot with the work coming from the FPGTN group. Ontario has had its first case of a vaping related illness. The student was in intensive care, and has since recovered. ON has reached out to determine when the HBSC data on vaping will be available to jurisdictions. Suzy (PHAC) will follow-up with Queen's to determine if they are able to provide P/T vaping data to jurisdictions as soon as possible.

### MB

Election is complete, with no major shuffling to the Cabinet. There were recently [100-day mandate letters](#) released, with one being a mandate review for the Department of Education. Health has just completed this process.

### SK

The "Deepening the Discussion: Gender and Sexual Diversity" toolkit website has been released. This toolkit is a resource to help school divisions, teachers, and education professionals better understand and support students who are gender and/or sexually diverse. There are currently seven modules in development, with the French side yet to be released. Work is underway on the implementation of the "Nourishing Minds" document. This resource uses a Comprehensive School Community Health approach to support schools to develop and/or renew policy related to child and youth nutrition.

**AB**

The provincial budget will be released on October 24<sup>th</sup>. Alberta Health has decided not to move forward with revisions to the provincial School Food Guidelines for now. Piloting for the K-4 curriculum was supposed to begin in September; however, that has been pulled back, and it is currently being reworked. The province is about to begin stakeholder consultations on vaping to determine whether or not there will be regulations put in place.

**PHAC**

A new vaping task group has been formed within PHAC, with a primary focus on public education and awareness initiatives.

**8. Review of Action Items**

The Action Items Table was reviewed.

**9. Next Meetings**

- November 12 2019 teleconference
- December 10 2019 teleconference or potential SHCC/MC face-to-face meetings
- January 14 2020 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

**10. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
November 12<sup>th</sup>, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Daniel Naiman
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris
MB	
ON	Jennifer Munro-Galloway
NB	Sylvia Reentovich
PE	Sterling Carruthers Rosanne McQuaid
NS	
NL	
NU	Shara Bernstein
NT	Elaine Stewart
YK	Ian Parker
PHAC	Suzy Wong
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst

## Record of Discussion

### 1. Welcome and Roll Call

Pat/Sterling welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the October 8<sup>th</sup> 2019 teleconference

The Record of Discussion from the October 8<sup>th</sup> teleconference was approved as written.

### 4. Secretariat Update

The written Secretariat update was presented as written.

### 5. Mandate Renewal/Face-to-Face Meetings (MC/SHCC)

Katherine provided an update on the upcoming joint face-to-face meetings of the JCSH Management Committee and School Health Coordinators' Committee (December 10, 11 and 12 in Toronto). The primary focus of the meetings will be the proposed JCSH mandate renewal. A high-level, draft agenda for the meetings has been developed and forwarded to both committees. A final version of the agenda will be sent as soon as the planning is complete. The option of bringing in an external facilitator for a portion of the meetings is currently being explored. Jurisdictional responses from the decision points document that had been sent to the Management Committee from John Cummings (JCSH Management Committee Chair) were reviewed. It is anticipated that all jurisdictional responses will be compiled into one document, and included as part of the meeting package.

### 6. "School Matters Forum" (February, 2020)

The Secretariat provided an update regarding the "School Matters: Building a Blueprint for School Communities to Help Prevent Substance Use Harms Forum." The two-day forum, to be held in Toronto (February 11 and 12, 2020), is being planned and co-hosted by the Public Health Agency of Canada (PHAC), the Canadian Centre on Substance Use and Addiction, the Canadian Students for Sensible Drug Policy, and the JCSH. The purpose of the forum is to inform and mobilize a comprehensive school health (CSH) approach to addressing problematic substance use within Canadian school communities. The planning group is currently in the process of setting up "Tiger Teams" in advance of the forum. These teams will be small working groups, consisting of individuals with diverse experience and expertise, and will be tasked with informing the forum's content, format and agenda. The JCSH has been asked to be a Co-Chair of the "School Community Engagement" Tiger Team, and it has been recommended that a member of the SHCC be a part of this team in the lead up to the forum, and also attend the forum itself.

Action: Katherine to send out Tiger Team invitation to the SHCC.



## **7. Environmental Scans**

Susan provided the SHCC with an update on the JCSH Substance Use Environmental Scan. The last Substance Use scan was completed in 2013. Susan will send out the most recent version of the scan, and has asked jurisdictions to please provide any pertinent updates to it. It was suggested that a quick turn around on jurisdictional updates/feedback to the scan would be helpful, in an effort to have the document included in respective briefings to Deputy Ministers, in preparation for the December 2019 ACDME meetings.

## **8. Emerging Trends and Opportunities**

### **YK**

Dr. Will Pickett (Queen's University/HBSC) was recently in Whitehorse to meet with various health and education stakeholders, to discuss the HBSC and its potential value, with a specific focus on young girls (Grades 9 and 10) living in rural/isolated communities. Data is concerning and shows that these young girls are feeling alienated and disconnected from their teachers, peers, families, and communities. Yukon's Health Promotion Unit will be hosting a one-day forum in February on reconciliation and health promotion, with the two primary themes being the Indigenization of western concepts of health promotion, and exploring the concept of using health promotion as a means to further the process of reconciliation. Dr. Charlene Bearhead (UBC) will be one of the forum's key presenters.

### **PE**

Health and Education has formed a working group to address vaping. The group's work plan is centered on Comprehensive School Health, and is primarily focused on adult influencers, such as classroom teachers, administrators, coaches, and parents. There is an upcoming think-tank session planned with principals and vice-principals, to discuss off-site smoking areas at schools, in an effort to determine how to address this issue. The Student Wellbeing Teams program is now in its third year, and is operating in schools across the province. Processed-based evaluation of the program is currently underway, in an effort to ensure its efficiency. The model of the program has been recently modified and, along with nurses, social workers and youth workers as part of the teams, home support workers and psychologists have been added.

### **NB**

Student Wellness Survey data will soon be available (Grades 6- 12 students). Once the data is made available, NB will share with the SHCC.

### **ON**

ON is seeking feedback from other jurisdictions on whether or not on-site paramedics are a mandatory requirement (from a Ministerial level) for school sporting events.

### **SK**

Amendments to Saskatchewan's Tobacco Control Act were introduced in November, with incorporation of vaping products.

## **BC**

Youth vaping continues to be a significant issue in the province, and the BC Lung Association has created and released a [Vaping Prevention Toolkit](#) to be used by educators, parents, and healthcare providers. The toolkit is available on the BC Lung Association website. Results from the 2018 B.C. Adolescent Health Survey results are now available. The survey was completed by grades 7-12 students in schools across British Columbia. “Action Schools! BC” is being redeveloped, with the focus shifting to developing a new physical activity and physical activity initiative.

## **AB**

Stakeholder consultations on vaping are currently underway in the province. The consultations will be completed by the end of November, and it will be determined whether or not there will be new regulations put in place. The provincial budget was released in October, with several positions in both Health and Education being eliminated. Results of the Alberta Health Services review will be available at the end of December.

## **PHAC**

HBSC youth vaping data will not be available to the public until the spring of 2020; however, in response to several jurisdictional requests, PHAC is working to have the results available to the JCSH as soon as possible, with the hope of presenting the data at an upcoming SHCC meeting. PHAC has gained access to the COMPASS youth vaping research summary, and Suzy will forward along the document to the SHCC.

## **9. Review of Action Items**

The Action Items Table was reviewed.

## **10. Next Meetings**

- December 10, 11, 12 2019 face-to-face meetings (MC/SHCC)
- January 14 2020 teleconference
- February 11, 2020 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

## **11. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
December 11 - 12, 2019  
Cambridge Suites Hotel, Toronto, ON**

**Chair: Sterling Carruthers (PE)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Daniel Naiman by telephone
AB	Pat Martz by telephone
SK	Helen Flengeris
MB	Jennifer Wood by telephone
ON	Jennifer Munro-Galloway Stephanie Kaldas
NB	
PE	Sterling Carruthers
NS	James Shedden
NL	Peggy Orbasli
NU	Shara Bernstein
NT	Elaine Stewart
YK	Ian Parker
PHAC	Suzy Wong
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Senior Advisor



## Record of Discussion

### 1. Welcome and Roll Call

Sterling welcomed all to the meeting.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the November 12<sup>th</sup> 2019 teleconference

The Record of Discussion from the November 12<sup>th</sup> teleconference was approved as written.

#### **Presentation - *Health Behavior in School Aged Children* (Dr. Will Pickett, Queen's University)**

- **Update on current HBSC cycle**

Will explained that about 21,500 students participated in this survey round. The research leads appreciate that there is difficulty in being one of a number of school-based surveys in the country.

- **Key themes of current cycle:**

- 1) Why are high school girls not thriving in terms of their mental health?
- 2) The protective role of homes and families continues to be a strong result.
- 3) Social media is shown to be a major adolescent health issue.
- 4) The risk-taking profiles – issues – are changing.

Considerations from key themes:

- What are strengths mechanisms that could impact the risk factors?
- Do rural and remote contexts emerge as a possible theme, featuring both assets and risks?

- **HBSC reports (P/T, national, international)**

The international HBSC report, featuring responses from about 40 countries, including Canada, will be released in spring 2020.

The Journal of Adolescent Health will publish a themed issue on HBSC results. There are plans to develop a knowledge transfer toolkit.

The national report will include a summary report, a series of mini reports on key topics, and a knowledge transfer toolkit. The mini reports have been informed by discussions with the School

Health Coordinators' Committee. They will be released in stages, and they will also contribute to the literature base through publications.

The provincial-territorial reports will not all have the usual 3000-respondents size samples.

- **Working with and supporting P/T colleagues through the HBSC Process**

#### **Issue 1: Outcomes of deeper collaboration with JCSH**

Will advised that HBSC results have grown in the past three cycles primarily because of the collaboration with JCSH.

Ian described Yukon's participation in the survey, noting that the territory has become very involved in question development, and this has increased engagement with territorial colleagues. Privacy protectors have been implemented for student responders. The participation/consent format has been changed from [active to passive](#). The data was brought back to First Nations participants, involving government to government. The territory brought Will to meet with a number of tables, including deputy ministers, youth leaders, youth-serving organizations, and health promotion specialists and this was very helpful.

Will noted that he and Wendy make a sincere offer to meet in any jurisdiction to provide assistance and respond to any questions / concerns.

Pat noted that Alberta paid for an over sampling of the high school population in the 2013-2014 HBSC Study, specific to those schools that had Wellness Funded interventions versus schools without funding. A decision was made by the participating high schools not to release the data given the inability to show positive results over a two-year intervention period.

#### **Issue 2: Effectively managing competition in the field – competing surveys**

Some school health coordinators commented that other surveys do a better job than HBSC of reporting data results back to schools. Some participation is supported for the greater purpose of national outcomes, but the schools are disappointed they don't get returns that more match their own contexts.

It would help to review how the data is written up – what can be learned from what other surveys do well to improve knowledge transfer and exchange.

It would also help to have more presentations in jurisdictions by Will and Wendy.

Having more presentations on HBSC benefits to schools, communities, and students will help, as will

allowing students access to the data for their knowledge and school projects.

PHAC has data tools and blogs with interactive formats to support increased involvement with HBSC data.

- **Data collection in highly Indigenous populations**

Will explained that data was not collected in Nunavut in the last survey round and they are working closely with folks in that territory to better respond to concerns and respectfully support the outcomes of the Truth and Reconciliation Commission Report.

Pat commented that the survey questions were not well received by Indigenous reviewers in Alberta or mental health professionals. The province will be working closely with Will and Wendy in the next survey round and is open to supporting HBSC.

- **Other outcomes of HBSC – beyond the survey results:**

It has become an important training ground for new researchers, many of whom have gone on to publications and research/teaching careers

It has impacted public health and medical careers

The data is a platform for research leading to [Tri-Council](#) (CIHR, SSHRC, NSERC) funding and peer-reviewed publications

The data has been used in Senate hearings (e.g., cannabis legalization)

The data has featured in [UNICEF report cards](#)

#### **4. Youth Substance Use**

- **Presentation - *Compass System Data* (Dr. Scott Leatherdale, University of Waterloo)**

Scott's presentation and 13 additional research articles/COMPASS questionnaire and feedback report were provided and are available on the private side of the JCSH website.

- **Presentation - *One Jurisdiction's Response to Youth Vaping* (Sterling Carruthers)**

Sterling's presentation is available on the private side of the JCSH website.

***Discussion:***

- How vaping is used in jurisdictions continues to present high concerns.

- PTs have responded with information days, clarification to address inconsistencies in nicotine strengths, education campaigns and youth advisory teams.
- Continued challenges include supporting students already using / providing harm reduction approaches.
- ON: Developing a Vaping Resources for Schools – Jennifer will share
- NL: banned vapable cannabis products; formed Alliance for Tobacco Control
- NT: advanced the health curriculum changes to have students working with vaping data – inquiry approach.
- It was suggested that JCSH might curate jurisdictions’ work on vaping and share with non-JCSH tables. The preference was that this be housed on the private side of the JCSH website and SHCC members can then share with colleagues.

**Action:** Secretariat and Sterling will begin a curated document of PT responses to school-based vaping issues.

## 5. Moving Forward

### *Reflections:*

- The return to JCSH definition as a Health-Education collaboration first and foremost is seen as positive.
- Also positive is connections planned with Council of Ministers of Education, Canada (CMEC), the Advisory Council of Deputy Ministers of Education (ACDME), and health councils (Public Health Network Council).
- Youth voice? At SHCC table? Or more emphasis on youth input within PT sectors.
- Truth and Reconciliation Commission – how is JCSH planning to move forward? The Statement on Reconciliation was intended to be intentional in describing the work forward.
- Role of comprehensive school health framework in discussing issues with CMEC, others.

## 6. Next Meetings

- January 14, 2020 (MC/SHCC joint teleconference)
- February 11, 2020 teleconference



- March 17, 2020 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

## **7. Adjournment**