Support for Efficacy and Mattering

This checklist is part of the 8 Key Qualities of Youth Engagement*.

This quality of youth engagement is achieved through practices such as these:

- ❏ Visible methods of recording youth voice/input/ideas (flipcharts of group discussion, quote cards that document youth input, graffiti walls, for young people to write on, youth-created art and posters, etc.)

- ❏ Reporting back to young people on how their ideas were used and the difference that they made

- ❏ Using program evaluations that ask young people to provide feedback on their experience

- ❏ Activities that focus outside the self (creating social change, community development, addressing issues that affect young people and their peers, etc.)

- ❏ Tangible projects and activities where young people can see the results

- ❏ Opportunities to help re-develop or improve a program or service

- ❏ Activities that encourage young people to think critically about community and global issues

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* According to Eccles and Gootman[14], there are eight key qualities associated with positive developmental settings: Physical and Psychological Safety, Appropriate Structure, Supportive Relationships, Opportunities for Belonging and Meaningful Inclusion, Positive Social Norms, Support for Efficacy and Mattering, Opportunities for Skill Building and Learning and Integration of Family, School and Community Efforts